

Summary of Health Plan Benefits related to Influenza

Talk with your health care providers about whether you should be vaccinated for seasonal flu. Also if you are at higher risk for flu complications from 2009 H1N1 flu, you should consider getting the H1N1 vaccine when it becomes available. People at higher risk for 2009 H1N1 flu complications include pregnant women and people with chronic medical conditions (such as asthma, heart disease, or diabetes). For more information about priority groups for vaccination, visit www.cdc.gov/h1n1flu/vaccination/acip.htm.

1. Vaccinations (the “flu shot”) **are paid in full by the health plan**
 - a. H1N1
 - i. Payment for Administration (cost of the vaccine itself is paid by Federal government)
 - ii. Multiple vaccinations may be necessary depending on age group
 - iii. Distribution may be prioritized
 - b. Seasonal Flu
Options for members may include in-network physician offices, certain pharmacies (effective 10/1/09 covered with your prescription drug card) and on-campus flu shot vaccination programs; there may be additional vaccination programs offered by the Arkansas Department of Health – website: <http://www.healtharkansas.com/>
2. Antiviral medicines (Tamiflu) – are available with a prescription. Tamiflu is a preferred drug on the U of A formulary and has a Tier 2 co-pay of \$35
3. Over the counter medications – as always, costs paid by members for over-the-counter medications such as Tylenol, aspirin, ibuprofen is eligible for reimbursement from Conexis through the employee’s Section 125 plan
4. Emergency Room visits: remember that visits to the ER are subject to a \$150 co-pay;

H1N1 Information

Please bookmark the Centers for Disease Control’s website to receive accurate and up-to-date information about influenza. (<http://www.cdc.gov/flu>)